

HAPPY ★ NEW ★ YEAR

East Washington Academy

The mission of the Muncie Community Schools is to provide a quality educational environment that allows every student to maximize his or her potential and upon graduation, possess the skills necessary to be a positive, productive, contributing member of society.



Muncie Community Schools

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Second Harvest Food Pantry

The January food pantry will be held Wednesday, Jan. 16th in the EWA Cafe from 4:00-5:30. The pantry will offer meat, fruits and veggies, refrigerated & frozen items and/or dry goods. All families and staff can participate. There is no cost...it's FREE! Bring bags or boxes to take food home. Families will be asked to provide the ages of all household members. **Families must have an EWA student.** We are happy to help the Muncie community, but want to be sure our EWA families are not left out.



Principal

Jason Rees

Secretary

Claudia Monroe

Nurse

Angie Reoch

Website

www.muncie.k12.in.us/hpweb

Cable Channel 99

Air times 8 a.m.-12 p.m.-
8 p.m.- 12 a.m.

Safety tip line 747-1632

School Address

1000 E. Washington St.
Muncie, IN 47305

Phone 747-5434

Fax 281-6741

Email

jrees@muncieschools.org

Twitter

EWA Principal
@EWA_MCS



As we continue to strive for student safety, please refrain from cell phone usage when dropping-off or picking up your child. We do our best to be sure all students are paying attention, but it is also a huge help to know that each driver is also paying attention. When dropping off in the morning please be sure to stay in a single file line. This prevents students from running between cars. When picking up in the afternoon, please use the side lot for car pick-up. The front drive is only for busses at dismissal, unless otherwise noted. Thank you in advance for your consideration!

Student Photos and Social Media

As smart phones are the norm, it does present a problem when taking photos of your child with other students. Every parent has the right to not have their child's picture published or broadcast. Everyone signs a form at the beginning of the year stating YES or NO, as far as publishing or broadcasting. Please be respectful of other's requests and only post those pictures of your child. We cannot identify those students that can't be published or broadcast, so please help us by only posting pictures of your child unless you have previous consent from that child's parent/guardian. As always, feel free to contact me if you have any questions. Thank you!

Counselor's Corner

The character trait for December Student of the Month is positive attitude! Congratulations to all of EWA's December Students of the Month!

Elijah Brewer, Tanner Mullins, Sativa Morris, Shaine Robertson, Susie Jo Tuttle, Alivia Williams, Jada Alexander, Roman Wilkins, Caitlyn Thorpe, Cyrus Cortner, Abbi Fine, Serenity Hammond, Treyveyon Crites, Oliver Moring, Randy Ross, Lucus Cody, Kaleb Greiner, Duncan Mack, Emmaleigh Vititoe, Finn Holowell, Emma Harden, Eli Sterling, Isabelle Ambler, and Troyanna Malone.

In December we spent time talking about Empathy. Our students did a great job learning about and practicing empathy. We talked about putting ourselves in someone else's shoes and how we never know what someone else is going through. Please continue to speak with your student about empathy as this is a skill that can be developed over a lifetime! January brings New Year's resolutions for so many of us. EWA students will learn about setting SMART goals for themselves this month! SMART goals help students and adults set goals for themselves that are, specific, measurable, attainable, realistic and timely. When setting goals this way our students are more likely to reach those goals. Please take a moment to read the attached article as it further explains SMART goals. <https://one-child.com/710/smart-way-set-goals-children/>

Mrs. LaRoche – School Counselor

Nurse's Corner

Healthy eating is an important part of your child's growth and development. Proper nutrition will help keep bones and teeth strong as well as help prevent illnesses. Eating a well-balanced meal will help your child focus at school and do their best. The following are suggestions to help improve nutrition and encourage smart eating habits:

- * Have regular family meals
- * Be a role model by eating healthy yourself
- * Involve your child in the process
- * Serve a variety of healthy foods and snacks
- * Avoid battles over food

Children who take part in regular family meals are:

- * More likely to eat fruits, vegetables, and grains
- * Less likely to snack on unhealthy foods
- * Less likely to smoke, use drugs, or drink alcohol

Trivia Question: Which of the following foods are not healthy?

- A. apples
- B. cabbage
- C. yogurt
- D. fruit roll up

Ms. Reoch RN

Become a part of your child's school... help our PTO!

We have an amazing PTO that provides numerous opportunities for our families. We encourage you to attend a meeting and see where your talents can be put to use. This is a great way to connect with the school and other parents. Plus, child care is provided for meetings!

The next meeting is **January 16th at 6:30** in the cafeteria.

Principal's Message

As the cold weather sets in please be sure to dress your child in layers. This will allow them to stay warm on the way to school, and the flexibility to be comfortable once they enter the building.

If you are in need of appropriate clothing (coats, hats, gloves, socks, etc.) for the cold weather please contact the office.

Thank you!

Making the Connection: Matters of Equality and Diversity Thought of the Month

"We need diversity of thought in the world to face the new challenges."

- Tim Berners-Lee